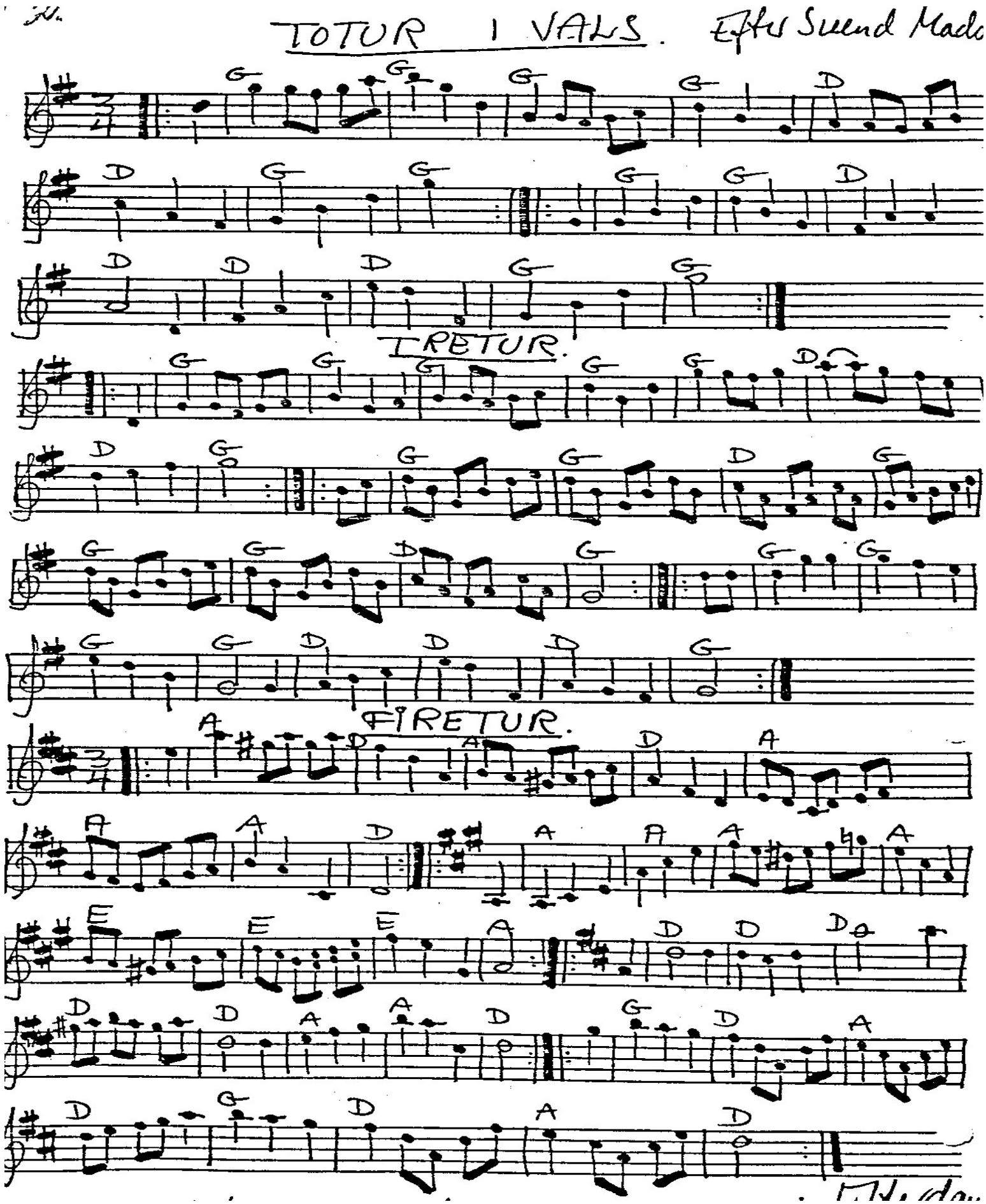De stille ture